

PSSS 1010:

International Studies in China



University Credit Series



CHINA

PSSS 1010: INTERNATIONAL STUDIES IN CHINA

DAY 1 & DAY 2

Travel to **BEIJING**.

DAY 3: BEIJING

TIANANMEN SQUARE

Visit Tiananmen Square, the largest public square in the world covering the equivalent of 82 football fields. Study the famous moments and people who have been pivotal in shaping China's history, while exploring this famous landmark.

BIRD'S NEST & WATER CUBE

Explore the famous stadium and swimming complex that hosted the 2008 Olympic Games.

TEMPLE OF HEAVEN

❖ *Traveling the Milky Way*

The Temple of Heaven has always been reserved for the royalty of China. Discuss how history has changed over time to allow access for everyone, and take a lesson from a Tai Chi Master at this sequence of temples and altars set in a park.

FORBIDDEN CITY

See the home to 24 emperors, which was once strictly off limits to commoners. In 1925, the Palace Museum took charge of the Forbidden City and opened the museums and buildings to the public. Students will reflect on the historical architecture and art of China while exploring this amazing complex.

WELCOME DINNER

Experience an authentic Peking duck dinner.

DAY 4: BEIJING

GREAT WALL & OVERNIGHT ADVENTURE

Hike remote sections and sleep on the Great Wall under the stars (subject to weather and availability).

❖ *To Gain a Perfect View*

Analyze conflicts in Chinese history through wars and the Great Wall of China.

DAY 5: BEIJING

MANDARIN LESSON

Learn local phrases and expand your Mandarin skills during a language lesson.

HUTONG TOUR

Explore old Beijing's alleyways from the seat of a rickshaw, and visit with a local family for lunch.

BEIJING SHICHAHAI SPORTS SCHOOL

Meet future Olympic champions during your visit to a famous sports school.

KUNG FU SHOW

Attend a Kung Fu show, a dynamic performance of Chinese martial arts.

DAY 6: SHANGHAI

Fly from Beijing to Shanghai.

YUYUAN GARDEN

❖ *The Glorious Gardens*

Walk through a place of peace and comfort in the heart of bustling Shanghai that dates back to the fabled Ming Dynasty. Debate China's urban growth and the environmental impacts on the national parks and gardens.

NANJING ROAD

Take a stroll along famous Nanjing Road, one of the

❖ *Sample Educational Insights*

Each day during your travel program, your Course Leader will facilitate activities that focus on global topics and are designed to ignite a desire for change and cultivate a hope for the future. The lessons provide students with the ability to understand other traditions, cultures, viewpoints, and environmental issues, and they prepare students to take an active role in our society. Sample educational insights are included in this itinerary to give an overview of the themes and subjects that will be discussed during your travel program.

world's busiest shopping streets.

DAY 7: SHANGHAI

BUND

Walk down this historic international waterfront that has been regarded as the symbol of Shanghai for centuries.

SHANGHAI URBAN PLANNING CENTER

Explore a vision for Shanghai's future growth and see a full-scale model of China's commercial heart.

JADE BUDDHA TEMPLE

Visit the Jade Buddha Temple, built between 1911 and 1918, housing 70 resident monks.

JIN MAO TOWER

Take in the stunning view of Shanghai's expanding skyline from the top of the Jin Mao Tower, one of the world's tallest buildings.

❖ *Architecture and Ideology*

Compare and contrast different structures in Beijing and Shanghai to study various ideologies throughout history.

CHILDREN'S PALACE

Visit the famous facility known for offering after school educational activities for Shanghai's talented children.

SHANGHAI ACROBATICS

End your stay in China by enjoying one of the oldest performing arts.

DAY 8

Depart for the U.S.

**The itinerary may be modified and inclusions and airports substituted depending on your travel dates, arrival and departure times, national holidays, hours of operation, and events beyond WorldStrides' control. Prices may vary depending on departure city and duration of program.*

ADDITIONAL DAYS

Please note: For the 8-day itinerary, there is an optional excursion to Xi'an available that replaces days 4 and 5.

There is also an 11-day itinerary available that includes a visit to Xi'an and Hangzhou.

Additionally, a program extension is available for both itineraries.

XI'AN EXCURSION

Examine the world-famous Terracotta Warriors of Xi'an, known as the eighth wonder of the world.

HANGZHOU EXCURSION

Take in the scenic landscape outside Shanghai, and visit a tea plantation to learn the secrets of how tea is grown and prepared.

HONG KONG EXTENSION

Experience this dynamic city's top attractions, including the spectacular view at Victoria's Peak.

YANGTZE RIVER CRUISE EXTENSION

Hop aboard a luxury cruise ship and travel through the Three Gorges Dam.



PROGRAM INCLUSIONS

ALL-INCLUSIVE PROGRAM

Exciting benefits for educators leading programs:

- WorldStrides partners with faculty from the University of Virginia and other top universities around the country to take care of all teaching, grading, and other classroom responsibilities
- Teachers, staff members, or spouses travel free with a minimum number of full-paying participants (minimum number varies based on destination)
- Opportunity for Program Leaders to earn low-cost graduate credit
- Professional development for Program Leaders and chaperones

Your program price includes:

- One free chaperone with six full-paying participants (ratio can be customized to fit your group's needs)
- All logistical planning
- Round-trip transportation
- Ground transportation
- Fully-licensed and experienced, bilingual Course Leaders
- Quality hotel accommodations
- All meals while at your destination
- Exclusive George Washington University Doctors on Call program and on staff Medical Doctor
- Comprehensive liability insurance and accident, illness, and dental coverage for all participants
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- Student Discovery Journals to enhance on-site learning
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*Fees for checked luggage are the responsibility of each traveler.

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ONE FREE COLLEGE CREDIT INCLUDED IN PROGRAM*

Students can earn free college credit from the University of Virginia and return to the classroom a step ahead.

- **PSSS 1010:** International Studies in China



EARN AN ADDITIONAL TWO CREDITS AT AN AFFORDABLE RATE*

Not only can students receive one free college credit for the above course, they have the option to earn an additional two credits for \$749, a much better rate than most colleges around the country.

- **PSSS 1015:** Focus on Issues in a Global Context

* Credit earned upon completion of program and post-travel requirements.

Call your Educational Travel Specialist today to find out more!

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www.worldstrides.org