

# California Westward Adventure

SACRAMENTO, CA  
3-DAY SAMPLE ITINERARY



## DAY 1

### ARRIVAL

Meet your WorldStrides Course Leader and prepare to become a pioneer for the day! As you enjoy the activities and free time around camp, imagine how different your life would be if you were a California pioneer. How has life changed since the early 1800s? Would you make a good pioneer?

### SUTTER'S FORT

Relive the Gold Rush and understand its effects on the United States and the world at the fort built by Swiss immigrant John Sutter. Sutter's Fort is an amazing flashback to the past amid the hustle and bustle of Sacramento. Participate in a fun scavenger hunt and imagine life in the fort more than 150 years ago. Make sure to plug your ears as you watch one of the hourly cannon salutes!

### LUNCH

### TRAVEL TO COLOMA

### CHECK INTO CAMP

### CAMP ACTIVITIES

Immerse yourself into the life of a pioneer. Find out why people migrated to California and the struggles they faced. Eat pioneer foods, make pioneer crafts, and interact with interpreters to learn firsthand about the earliest California settlers. Participate in various camp activities, such as:

- Attending an interactive pioneer woman presentation
- Enjoying a Native American presentation with stories and dance
- Creating a leather pouch for gold storage
- Eating an outdoor camp dinner
- Learning about pioneer folk music

### BUNK DOWN IN TENTS AND LIGHTS OUT

## DAY 2

### BREAKFAST AT CAMP

### CAMP ACTIVITIES

Take part in a mountain man presentation, learn about tinsmithing, and create a trade bead necklace to take home as a souvenir.

### CHECK OUT OF CAMP

### MARSHALL GOLD DISCOVERY PARK

Eureka! Find out how one small word marked a dramatic change in California's history. See the original spot where gold was discovered and learn why the settlers were in this area to begin with.

### PAN FOR GOLD IN THE AMERICAN RIVER

Interact with interpreters to fully understand the significance of James Marshall's discovery and get a lesson in panning for gold from a professional. Then, grab a pan of your own and hike down to the river just like thousands of people did in 1849. If you're lucky, you'll find a nugget of your own to take home!

### LUNCH

### OLDE COLOMA THEATRE

How did people entertain themselves before iPods and video games? Find out with a visit to the Olde Coloma Theatre, and participate in a Gold Rush melodrama, where you become part of the show! Cheer for the heroes and jeer at the villain as you munch on popcorn and learn a few historical and life lessons.

### TRAVEL TO SACRAMENTO OR SAN FRANCISCO

### DINNER

### HOTEL CHECK-IN AND OVERNIGHT IN SACRAMENTO OR SAN FRANCISCO

## DAY 3 – OPTION ONE: SACRAMENTO

### BREAKFAST

### HOTEL CHECK-OUT

### CALIFORNIA STATE CAPITOL BUILDING

Why is the front door to the California State Capitol on the second floor? Find out when you visit Sacramento! Gather around the giant bronze California State Seal and test your knowledge of state symbols. Walk alongside state congressmen and their aides, and take a peek inside the chambers where state laws are made. You may even get the opportunity to meet with a state representative from your area!

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## CAPITOL PARK WALK

While you walk the beautiful grounds of Capitol Park, keep an eye out for interesting statues and memorials. Don't forget to look up at the towering redwood trees and sweet-smelling orange trees above your head! Stop by the Father Junipero Serra statue and the California Firefighters Memorial, and discuss the significance of each.

## CALIFORNIA VIETNAM VETERANS MEMORIAL

This \$2.5-million memorial, designed by a Vietnam veteran, was dedicated in 1988. Get a feel for life as a soldier during the Vietnam War as you examine the statues inside the memorial. See if you can pick out what looks like an outline of a soldier within one of the marble columns.

## LUNCH

### AUTHENTIC WAGON RIDE

Ride the cobblestone streets as they did in Old Sacramento during the 1800s, in a wagon drawn by horses!

### OLD SACRAMENTO

Wander the streets of Old Sacramento, which has been preserved to appear much like it would have looked in the mid-19<sup>th</sup> century. Snap a photo next to the Pony Express statue, snag a souvenir at one of the many shops, or snack on some candy at an old-fashioned candy shop.

### OLD SCHOOLHOUSE MUSEUM

Appreciate the differences between your class and the classes of pioneer children when you visit an 1850s-style one-room schoolhouse. Practice writing and arithmetic on the chalkboard, and read from an old-fashioned textbook. Don't forget to sit up straight, or you may be scolded by the teacher!

### CALIFORNIA STATE RAILROAD MUSEUM

Imagine what it was like to help build the Transcontinental Railroad and the hardships that were a part of life for these brave men. Compare your height to a monstrous locomotive wheel and see a duplicate golden spike, which was unknown to the public until it was donated to the California State Railroad Museum in 2005. Can you see the difference between the 1869 A.J. Russell image, "The Last Spike," and the version that is printed in your textbooks?

## DINNER IN SACRAMENTO

## DEPART SACRAMENTO FOR HOME

## DAY 3 – OPTION TWO: SAN FRANCISCO BREAKFAST

### HOTEL CHECK-OUT

### TRAVEL TO SAN FRANCISCO

### FERRY TO ALCATRAZ ISLAND

### ALCATRAZ ISLAND

Learn firsthand about the strategic importance of Alcatraz during the Civil War and its transformation into the famed prison. What about the location makes this a perfect spot to build a fortress or a prison? Learn of the fates of 36 men who escaped The Rock during its tenure as a prison. Fortunately, the prison was closed in 1963, so you won't run into any convicts during your visit!

### LUNCH

### PIER 39

Explore the sights and scenes of Pier 39, located along the San Francisco Bay. Laugh along with the sea lions and take a peek inside the many shops that line Fisherman's Wharf. Be sure to save a quarter for one of the many street performers, or take time out to watch the beautiful hand-painted carousel. Pick your favorite animal from a cast of 32 animals, including sea dragons, sea lions, dolphins, pandas, and of course, horses.

### CABLE CAR RIDE

Soak in the sights of the city as you ride one of San Francisco's historic cable cars. Check out the amazing turntables that rotate the cable cars 180 degrees when they reach the end of their route. Find out what it takes to become a cable car driver, called a gripman. Less than 1/3 of the candidates who start the training course actually pass!

### EXPLORATORIUM

You'll have a blast at this world-famous interactive science museum. Explore the more than 650 hands-on exhibits, which cover topics from the human body to outer space. You may not have considered how science relates to everyday things like the music on your alarm clock, the tricks you perform on your skateboard, and even the garden out back, but you will after your visit to the Exploratorium!

### DINNER

## DEPART SAN FRANCISCO FOR HOME

Other available destinations include San Diego, Santa Barbara, Monterey, and San Jose. Your Educational Travel Specialist can help you put together the perfect program based on your needs.

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DISCOVER YOUR WORLD

